



Love is Good

The quarterly newsletter from This Old Horse



In this issue:

Announcements	Page 2
Meet the staff	Page 3
Charitable Giving	Page 6
Racehorse Reimagined	Page 7
Placement Team	Page 8
This Helping Horse	Page 9
Listening to Horses	Page 10

Scan the code
and Support
the Mission!



Announcements

Save the date! Horse Crazy Holiday Market

This Old Horse Brings you
HorseCrazyHolidayMarket
MnState Fairgrounds Coliseum
More info check out
www.horsecrazymarket.org

December 3rd & 4th
2021

Holiday Open House
Saturday December 11th
Noon-3 p.m.



Adoption Auction Silent auction Horse Crazy Market pop up



*Revealing their transformation of 4 off track Thoroughbreds
from racetrack to sport horse.*

Event held at This Old Horse's new training and rehab farm!
Claddagh 1221 130th Ave. New Richmond, WI



The Polo Classic

This year's Polo Classic was rousing success! The weather was perfect, the volunteers wonderful, the polo exciting and energetic and This Old Horse made over \$60,000.00. Wow!!! We have had a follow up meeting and have asked volunteers for input on how to make the event even better next year. We can hardly wait to put our ideas into practice. Thank you everyone for all your help and participation!!!
More info under: www.thepoloclassic.com



Meet the staff!

Sherrie Beal – give@thisoldhorse.org

I started volunteering two years ago after being introduced to TOH by Mare Jarvis, whose husband was on the board of trustees with The Nature Conservancy where I work. I got the fever like everyone else and I usually volunteer every Sunday on the feedcrew at Wishbone in the mornings and I have been doing Hearts and Hooves.

I grew up on a farm in central Minnesota and had a horse through college and my grandfather, who died when I was 10, farmed with horses (with my dad) and ran a livery stable--that's where I got the horse bug, I'm sure. I've learned so much by volunteering. I live in South Minneapolis with my husband and have a grown son, and four rescue pets. I have worked for the last 20 years for The Nature Conservancy as a fundraiser. My focus is a gift planning officer and I work with donors who put our organization in their estate plans and often give us complex assets such as stock and real estate. I've seen the organization I work with really benefit from planned gifts by just letting people know that we accept these gifts----we've been around 70 years and receive about 25% of our annual revenue from estate gifts, averaging \$350,000 each.

It will not be instantaneous that This Old Horse will receive gifts through wills, but I know that if the organization keeps letting people know of their needs and opportunities, the funding will grow.

Johanne Gentlebread – jgentlebread@thisoldhorse.org

My name is Johanne Gentlebread, and I am the program director for This Helping Horse, the newest branch of programs to fall under the This Old Horse umbrella, all of which are or will be devoted to equine-guided services. This Helping Horse is, quite literally, in its infancy, with each program is either in development or in their pilot stages. I have four programs on the docket. They are as follows:

1. VALOR is an innovative new equine-guided therapy program aimed at helping first responders and front-line healthcare workers who find themselves experiencing symptoms of trauma as a result of the recent civic unrest and global pandemic. It involved a closed circle group, facilitated by a licensed therapist, as well as equine-guided activities to help with whatever it is that the participants need help working through. The therapeutic circles will be held virtually via ZOOM for this first iteration as it will be comprised of frontline healthcare workers. We need to preserve their health the best we can! The plan is for sessions to begin mid to late September, with the equine-facilitated sessions being held at Phoenix Farm.
2. Listening To Horses is a program whose purpose is to give both horse and non-horse people alike the chance to be with a horse in a way that listens to the horse, teaches self-awareness for participants, and helps to grow healthy and safe relationships between human and horse. It will be held at Wishbone Ranch in Hastings to start.
3. Hands On Horses is aimed at teaching the human participants hands-on methods of healing touch with the equine participants. Each session will be led by a certified professional and will include demonstrations of things such as the Master Method, TTouch, Reiki, and much, much more! At present, the program plans to be run out of Phoenix Farm.
4. This Teaching Horse is an equine-facilitated learning program developed by a teacher, Jane Stier, whose purpose is to assist children pre-k through 5th grade (not limited by this age range, however) with educational endeavors. It is currently being run out at Phoenix Farm and has plans to expand to Clayton, the mini-barn location in Rosemount.

Meet the staff!

Kate Goderstad – kgoderstad@thisoldhorse.org

I have recently taken over the event planning for the open houses at Wishbone Ranch. The dates for the open houses for the rest of the year are as follows: Saturday, August 21, Saturday, September 25, Saturday, October 30, Saturday, November 13, and December/the holiday open house will be on Saturday, December 8. I love writing and reading so I'd love to know if there's anything I can do to help.

Jeanne Klein – jeanneklein53@gmail.com

Jeanne heads up the Tack Shop now called Horse Crazy Market at This Old Horse and is overseeing the transition of Horse Crazy Market which she gifted to This Old Horse.

Bonnie LeBat – adopt@thisoldhorse.org

I'm the Director of the Placement team.

Jane Stier – jstier@thisoldhorse.org

This Teaching Horse (TTH) was launched in the fall of 2020 at the This Little Horse barn on Clayton Ave. It moved up to Phoenix Farm this summer. My hope is to run the program at both locations this fall. TTH pairs students with miniature horse buddies in order to learn about horses and to practice math, literacy and social/emotional skills in a small group setting. Each class has a "classroom" portion, in which I present the topic for that class and engage the students in discussion. We then move to the arena and connect with the horses before playing large motor learning games, with the horses, which reinforce the concept for the class. My current needs are volunteers who enjoy working with both horses and children. The volunteer's role is mainly to support the horses during class. However, being able to coach the students in a respectful manner is a must. In accordance with TOH rules, volunteers must be at least 16 years old in order to volunteer without a parent/guardian present. I will allow anyone 12 years and older with horse handling experience and with a parent/guardian present. Class length may vary, but in general each class runs for two hours. Dates and times are dependent on student and volunteer availability. Some of my future plans include creating a weekend book club and a homework with a horse club! If you have questions, are interested in volunteering, contact me.

Brenda Teeter – bteter@thisoldhorse.org

I oversee the placement team for minis/ponies, the youth program at Red Jack Saddle Club, This Little Horse programming and events. A few highlights of our programs:

Placement Team for Minis/Ponies

Even though our barns have been quiet, without open houses and visitors, the "mini barn" (Our Chrisalem Barn on Clayton Avenue) has been busy! We have had several humane cases this summer, resulting in several minis (and a mini mule!) getting adjusted to having humans around and spending some time getting some much needed R&R and full mani/pedis. It is going to take some time to get their hooves taken care of and get them more comfortable walking, but we are excited to see the progress they are making. We have several minis in foster for the summer and seem to be enjoying their time at summer camp. We are grateful for the people that have a little extra space and a little extra love to share with some of our littles!

Meet the staff!

Red Jack Saddle Club

We are so happy to be able to get back to having our youth group back again. We host a Special Olympics team and they were able to compete at the Special Olympics Equestrian Competition in late August. The athletes were confident and did well in their classes. The youth group will be having monthly meetings at the mini barn starting in October – more details will be available as they are determined.

This Little Horse

We are back to doing events on a limited scale with precautions in place! We have done a few visits to group homes and have a few nursing home visits coming up. We will be at the State Fair in the “Aisle of Breeds” over the Labor Day weekend. We will be participating in a Kiddie Parade mid-September and we will be at the Livin’ Foundation Music Festival, also in September! The Livin’ Foundation is a 501(c)3 whose mission is to raise awareness about depression/mental health issues in the hopes of preventing suicide.

Mini Barn Open House – Mark your calendars for October 9th when we will have our Open House from 10–2! Come and meet our adorable minis/ponies, learn about This Teaching Horse and the opportunities for education as well as the many other programs that are available across our organization!

Becky Robb Hotzler - brhotzler@thisoldhorse.org

Hello! I started as a volunteer with This Old Horse in the start up of the Tack Shop and also helped the Placement Team. Now, Robin Dahling and I manage the Wells Creek Wild Mustang Sanctuary in Goodhue, MN. Established in May of 2018 we are overseeing the care and support for the stallions brought to my sister’s farm. While we don’t have current volunteer opportunities we encourage you to visit us anytime.

More info under: www.thisoldhorse.org/wells-creek

Charitable Giving

Please Include This Old Horse In Charitable Planning – Secure Our Ability To Rescue Horses Long Into The Future

For almost a decade This Old Horse has been saving horses, an achievement that is only possible because of the determination, hard work and generosity of the This Old Horse community—founders, volunteers, staff and financial supporters. The need for the work of This Old Horse is here to stay & will require steady financial contributions long into the future. While we love our supporters who write us checks, charge their credit cards and donate a wide variety of tangible items, we also will be stronger with sustaining and special gifts. These include:

- Making a sustaining contribution* (it is so easy to bill a debit or credit card monthly);
- Including This Old Horse as a beneficiary of a will or through a beneficiary form (pre-tax retirement accounts, bank accounts, stock portfolios, insurance policies, etc.);
- including This Old Horse as a beneficiary in one's will or trust;
- and, if you're 70.5+, making an outright gift from an IRA.

*could you contribute towards the monthly cost to care for a horse – feed, veterinarian and shelter averages \$300 per animal.

Here is sample will or beneficiary language: “This Old Horse, a nonprofit corporation, organized and existing under the laws of Minnesota, with a principal business address of 19025 Coates Blvd., Hastings, MN 55033. Tax identification number: 45-4234611”.

For more information—including language to direct your gift in a specific way in your will—please contact: give@thisoldhorse.org and our volunteer gift planner Sherrie will follow up with you.

Please let us know too if you've already included This Old Horse in your plans. Thank you!

CARES Act Extended – Tax Benefits for Donating Cash

The CARES Act legislation that was enacted in March has been extended through 2021, allowing donors to itemize to deduct up to 100% of cash contributions towards their adjusted gross income. Taxpayers who take the standard deduction rather than itemize may claim a deduction up to \$300 for charitable gifts made with cash in 2020 (\$600 for those married and filing jointly).

Please Consider Donating To Support A Horse In Need

When we welcome a horse into the This Old Horse family, we estimate the costs include \$500 each for their initial vet and farrier work and the direct cost of care at about \$265 a month. Horses do, after all , eat like horses and if you've ever visited our barns, you will see that our horses receive a steady diet of hay and feed tailored to their special needs. Some of our horses are adopted, but there is always another animal in need. Please consider becoming a monthly sustaining supporter at any level you can afford or make a special gift in memory of a horse or human. www.thisoldhorse.org/donate

Racehorse Reimagined Program

Our Racehorse Reimagine program continues to collaborate with industry partners to make sure that racehorses retiring from the track, or as we prefer to say, graduating from track, end up in the right hands. This Old Horse has always taken in retired racehorses, but since the official inception of Racehorse Reimagined in early 2020, we have accepted 90 registered racehorses. That number will rise even higher as we approach the end of the racing meets for our two local racetracks next month. Many of these have been thoroughbreds, but we also have standardbreds and quarter horses who have raced. This may seem like a daunting number, and it is a lot, but we are proud to be a part of the stories for these horses. Some come to us straight off of the track to let down for a bit as we find them appropriate adopters to start their next chapters, others may have injuries that they need to rehabilitate for a bit before that journey can begin for them. And still others come to us for sanctuary, and stay at one of our accredited farms for much longer. We are proud to offer The Distaff Sanctuary, a program for retired broodmares, who after a career of racing, give back to the sport by producing the next generation, and then retire from that often without having been restarted, and at an age many don't want to put the time and money into training. We also get referrals, and accept, older horses who previously raced, had a second career, and are now looking to retire from that.



Although busy, this has been a fun and exciting year for us. We participated in the Minnesota Horse Expo last month, and two of our own horses, Jackie O and Imagery, represented the thoroughbred breed. And the Polo Classic was back, and a wonderful success. Two of our own were represented there as well as retired polo ponies, Baloo and Maree.

For more information on donating a retired racehorse, adopting a racehorse, or general information on our Racehorse Reimagined program, feel free to reach out to our program coordinator, Selena Sartor at rr@thisoldhorse.org. This program is housed out of our Phoenix Farm location, and we are always looking for more volunteers.

Go to www.thisoldhorse.org/volunteers

Placement Team

The placement team has been busy in August! We have met horses and potential adopters/fosters from around the state. We have created ads and posted them on FB, our website, equine.com and My Right Horse.

This month we placed:

1. **Cody**, a 28 year old quarter horse. He went to one of our current adopters. Her horse died and Bailey needed a new friend.
2. **Loretta Lynn**, a 21 year old paint that was saved from near starvation. Her new adopter is in Chaska and plans to adopt one more and foster two. Lovely place.
3. **Max** and **Nellie** both 18 years old. They have been together for most of their lives. They hail from north of Fargo, ND. They are in Cannon Falls for the rest of the summer but secretly, we hope the foster will want to make a long term commitment to them.
4. **Lord Greymouse/Mouse** a 12 year old TB with all sorts of issues to a new location. The same person also adopted Ray a 24 year old Standardbred that will remain at Wishbone.



Additionally Ginger and Sparky have a home as soon as we can figure out how to get them there. They are currently in Scandia, MN and will be going to Bellevue, IA. If you are able to transport or know someone that can for a very reasonable price, please let Bonnie Labat know at adopt@thisoldhorse.org. Thank you! Transportation is often an issue for us even with the wonderful Dan Nixon hauling locally.

To prevent any of our horses from falling into the wrong hands, we do keep in touch with our adopters and fosters, occasionally do site visits, and in our agreement that for any reason the horse is not working out, the horse must come back to us. We have decided to add another layer of protection by microchipping our horses. Patty Germaine is getting the ball rolling on this. Thank you Patty!

If you are interested in the placement team, please contact:
Bonnie Labat at adopt@thisoldhorse.org.

This Helping Horse

Lemieux Farm Inver Grove Heights

Four Year affiliate Farm

8 Horses

The horses got some good scores when Kyla, our Purina Rep visited last month – Silly and Sally, our littles were getting a bit chunky so we adjusted their feed and, one month later they look great.

A couple volunteer highlights:

Mary Pat and Ron continue to work with Magnum and Bhaldi every week– grooming and walking them, working a bit in the round pen – Practicing our “HorseSpeak”– this is after the farm maintenance of dragging the paddocks and numerous other chores.

Sue works with Val and Monica making sure they are groomed and fly free! They get their daily strolls too.

The group at Lemieux Farm decided to bring a new program under the This Helping Horse banner – Listening to Horses At Wishbone Ranch Ann Romberg, Equine Guided Coach and Limeux volunteers are heading this up Lemieux volunteers and Wishbone volunteers are supporting as mentors Session starts later September Details to come.

Listening to Horses Program

Horses and humans speak different languages. Every move a horse makes has a communication in it. We often either aren't aware of the movement or don't understand what the horse is trying to communicate. AND every part of our 'language', our thoughts, emotions, body energy, and actions communicate something to the horse. Our 'language' is quite confusing to the horse just as theirs is to us. This breeds a lot of mistrust in our relationships with horses.

This class will help you learn the horses' language, become aware of your own human non-verbal language and how to communicate clearly with the horse.

Purpose:

To teach horse and non-horse people the self-awareness and beingness that will foster clear communication, trust and safety with the horse.

What you will learn:

Using activities and training gathered from sources such as Linda Kohanov, Sharon Wilsie, and Ann Romberg.

1. Horse language and how to observe it (listen to the horses)
2. To become more aware of yourself, your thoughts, emotions and energy while with a horse.
3. To have deeper, more trusting and fulfilling relationships with horses.

Program Sessions

This some of what we will cover during the program. We recommend committing to attend all 5 sessions in order to get the most from the program.

1. Inner Zero, Outer Zero and Greeting
2. Energy bubbles of personal space; human and horse
3. Heart connection
4. Setting boundaries & Rock back and sigh
5. Five Levels of intensity: X and O and fine tuning

Late Fall (4 sessions)

Dates: 11/21, 11/28, 12/5, 12/12

Times: 2-3:30

Wishbone Ranch Indoor Arena

Cost: \$40 for all 4 sessions

Maximum participants: 8

To register for either or both sessions email: Jklein@thisoldhorse.com

You will receive confirmation and a PayPal invoice after successfully registering.